**Prisoner Data (N = ~104)**

**Predictors**

***Finding the following changes in the prison hard ( 0 = no, 1 = yes).***

Delays or changes in court dates

More time spent in your cell

Less showers

No visits

Less prison staff

No education

Less jobs/work

Less mental health support

Getting help for physical health problems (e.g. doctor/dentist)

Changes to meal times

Spending more time with your cellmate

The prison timetable changing a lot

Less exercise/gym

Keeping busy in your cell

***Worried about Management of Covid (0 = no, 1 = yes)***

In prison

In community

***Worried aboutIimpact of Changes in Working on Release Arrangements (0 = no, 1 = yes)***

Housing

Probation

Mental health support

Physical health support

**Outcomes**

***Mental Health Outcomes (1 = better, 2 = same, 3 = worse)***

Feeling low in mood/depressed

Feeling anxious

Feeling scared

Worrying about things

Experiencing voices and/or visions

Sleeping

Eating

Using drugs

Having upsetting thoughts

Thinking about upsetting memories

Having nightmares

Feeling frustrated or angry

Having arguments or fights with others

Thoughts of harming yourself

Suicidal thoughts

Feeling safe

*Mental Health Outcomes Summary Variables (summary of above):*

Symptoms improved (n)

Symptoms the same (n)

Symptoms made worse (n)